

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> KCal. 730 H.C. 108 Lip. 25 P. 23	<b>2</b> KCal. 605 H.C. 55 Lip. 32 P. 27	<b>3</b> KCal. 680 H.C. 84 Lip. 28 P. 24
		RICE WITH TOMATO SOUCE	PANACHE OF VEGETABLES	LENTILS WITH LEEK AND CARROT
		HAKE FILLET IN SAILOR SAUCE	VEAL STEAK IN VEGETABLE SAUCE	SPANISH POTATO OMELETTE • LETTUCE
		TANGERINE BREAD LOAF	APPLE BREAD LOAF	ORANGE BREAD LOAF
<b>6</b> KCal. 358 H.C. 25 Lip. 17 P. 26	<b>7</b> KCal. 555 H.C. 74 Lip. 14 P. 37	<b>8</b> KCal. 830 H.C. 101 Lip. 34 P. 33	<b>9</b> KCal. 461 H.C. 59 Lip. 15 P. 25	<b>10</b> KCal. 699 H.C. 80 Lip. 27 P. 38
ORGANIC BROCCOLI CREAM SOUP	POCHA WHITE BEANS	MACARONI WITH TOMATO	GREEN BEANS WITH POTATOES	CHICKPEAS WITH PUMPKIN
ROAST CHICKEN LEG WITH HERBS • LETTUCE	COD IN GREEN SAUCE	PORK LOIN IN VEGETABLE SAUCE	MEATBALLS WITH TOMATO SAUCE	BATTER-COATED DAB FILLET • LETTUCE
NATURAL YOGHURT BREAD LOAF	APPLE BREAD LOAF	ORANGE BREAD LOAF	TANGERINE BREAD LOAF	BANANA BREAD LOAF
<b>13</b> KCal. 680 H.C. 84 Lip. 28 P. 24	<b>14</b> KCal. 737 H.C. 112 Lip. 25 P. 23	<b>15</b> KCal. 644 H.C. 114 Lip. 16 P. 17	<b>16</b> KCal. 454 H.C. 53 Lip. 17 P. 25	<b>17</b> KCal. 755 H.C. 73 Lip. 35 P. 41
LENTILS WITH LEEK AND CARROT	RICE WITH GREEN BEANS, PEPPER AND MUSHROOMS	ZUCCHINI AND LEEK CREAM SOUP	CABBAGE WITH POTATOES	CHICKPEAS WITH CARROT SAUTÉED GARLIC
SPANISH POTATO OMELETTE • LETTUCE	HAKE FILLET IN ARTICHOKE SAUCE	MACARONI WITH TUNA AND BOILED EGG	CHICKEN LEG CHILINDRON STYLE	BATTER-COATED DAB FILLET • LEMON
ORANGE BREAD LOAF	PEAR BREAD LOAF	APPLE BREAD LOAF	TANGERINE BREAD LOAF	YOGHURT BREAD LOAF
<b>20</b> KCal. 587 H.C. 94 Lip. 17 P. 21	<b>21</b> KCal. 519 H.C. 75 Lip. 13 P. 30	<b>22</b> KCal. 499 H.C. 51 Lip. 19 P. 32	<b>23</b> KCal. 611 H.C. 52 Lip. 35 P. 24	<b>24</b> KCal. 621 H.C. 77 Lip. 22 P. 34
CARROT CREAM SOUP	PINTA BEANS WITH VEGETABLES	STEW SOUP	VEGETABLE STEW	CHICKPEAS WITH SPINACH
RICE WITH VEGETABLES, CURCUMA AND CHICKEN	HAKE FILLET ORIO STYLE WITH BAKER POTATOES	HAMBURGUER 100% BEEF	PORK LOIN IN PLUM SAUCE	CODFISH FILLET ORIO STYLE • LETTUCE AND CARROT
NATURAL YOGHURT BREAD LOAF	PEAR BREAD LOAF	TANGERINE BREAD LOAF	APPLE BREAD LOAF	BANANA BREAD LOAF
<b>27</b> KCal. 578 H.C. 64 Lip. 21 P. 36	<b>28</b> KCal. 720 H.C. 112 Lip. 25 P. 19	<b>29</b> KCal. 651 H.C. 90 Lip. 23 P. 25	<b>30</b> KCal. 559 H.C. 70 Lip. 20 P. 27	<b>31</b> KCal. 610 H.C. 95 Lip. 16 P. 26
PEAS WITH POTATOES	VEGETABLE CREAM SOUP	LENTILS WITH SWEET POTATOE	PORRUSALDA	WHOLE GRAIN MACARONI WITH TOMATO SAUCE
CHICKEN FILLET IN SAUCE	CUBAN RICE	HAKE WITH HAM AND CHEESE • LETTUCE AND CORN CENTERPIECE	HAMBURGER IN SAUCE	OVEN-BAKED HAKE FILLET WITH VEGETABLES
APPLE BREAD LOAF	NATURAL YOGHURT BREAD LOAF	PEAR BREAD LOAF	ORANGE BREAD LOAF	APPLE BREAD LOAF